

Barium swallow and meal









If you have stomach problems, visit your doctor.









Your doctor might send you to hospital for a barium test.







A barium test is like an x-ray.









The test lets the doctor look at your stomach.













You must not eat or drink for 6 hours before the test.





Barium swallow and meal







At the hospital you will drink some barium.







You will swallow the barium as you are x-rayed.









The doctor watches the barium moves to your stomach.







The test lasts about sixty minutes.











After the test you can eat and drink.





Drink plenty of water.

